

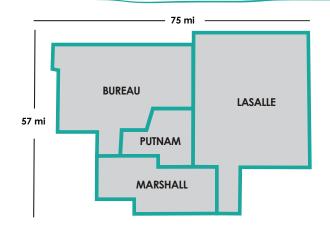
C5-Rural brings together community-based agencies across 4 counties to **develop integrative resource sharing and care strategies** that **bridge gaps in youth substance use and mental health prevention,** treatment and recovery in new and innovative ways.

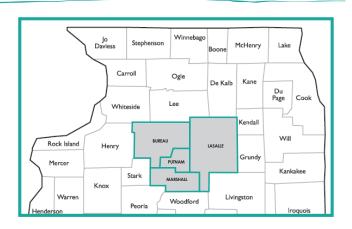
C5-Rural activities and personnel are financially supported by the **Drug-Free Communities (DFC) Support Program**, facilitated by the Centers for Disease Control and Prevention (CDC). This program "is the nation's leading effort to mobilize communities to prevent youth substance use."

C5-Rural operates as a **DFC community coalition**, which brings together 12 community sectors including:

- Youth
- Parents
- Business
- Media
- School
- Youth-serving organizations

- Law enforcement
- Religious or fraternal organizations
- Civic or volunteer groups
- Healthcare professional or organizations
- State, local, and tribal government agencies
- Other local organizations involved in reducing substance use





Together, the coalition is working collaboratively to address alcohol, marijuana, and opioid use among youth in the community. Activities to meet the goal of reducing youth substance use include:

- Educating all sectors of the community on issues related to youth mental health and substance use
- Equipping individuals to address substance use in their communities
- Identifying agencies and resources that support teens engaged in substance use
- Organizing and sharing information about alternative activities and resources available to youth
- Developing policy briefs to share with government officials

For more information, contact ethan.smith@arukahinstitute.org

Join our monthly meetings on the third Tuesday of the month at 11am-12pm at the Peru Police Department.